



911 Public Safety Newsletter

April 2023

All ages have a role in preventing Fentanyl deaths by Christina Ivazes, Placer County Public Health



Accidental overdoses and poisonings from opioids like fentanyl are one of the leading causes of death for adults ages 15-44 in the U.S. (CDC 2020: <https://tinyurl.com/2p9fmj4f>). If you have children or grandchildren in this age range, your family may be vulnerable.

What you can do:

- **Spread awareness.** A few grains of fentanyl can be fatal. Fentanyl can be made into fake pills that look like Percocet, Adderall, and OxyContin. It's added to street drugs like cocaine, methamphetamine, marijuana, and even vaping devices. Most people don't realize they are ingesting fentanyl. *If a person does not die from a fake pill, they may become physically dependent on fentanyl from only a handful of uses.* Once addicted, a person can experience severe withdrawal symptoms in only a few hours. Fentanyl is 50x more addictive than heroin and 100x more addictive than morphine. Learn more: 1PillCanKillPlacer.com.

- **Encourage people to seek out mental health support and/or treatment if they have life challenges.** This reduces the stigma of asking for help instead of turning to pills or other substances. Call 211 or visit 211placer.org for resources.
- **Discuss healthy coping skills.** Everyone, including children and teen, can reduce stress and anxiety from building up. Some effective strategies to improve mental wellness include increasing time outdoors in nature, daily exercise, eating healthy foods, and solid sleep routines. Watch this video: <https://tinyurl.com/3c6ssa82>.
- **Practice medication safety.** Keep track of and lock-up prescription, allergy, and cough medications to avoid potential theft or misuse. Don't leave medications in shared bathrooms where it's easy to grab a few pills undetected. Someone who misuses over-the-counter medications may seek out lethal street drugs in the future.
- **Don't share medications, not even with family members.** Data suggests over 50% of people who misuse prescription opioids get them from someone they know.
- **Lock-up pet meds.** Because prescription opioids are more difficult to obtain, there is a growing trend to steal, misuse, and even sell pet medications.
- **Only allow trusted health care**

providers into your home. People who are not vetted and have access to your medications can be a risk for theft.

- **Never sell prescription medications or buy if not prescribed to you.** If you need help, call 211 to find support. You are not alone. Many resources are available.
- **Dispose of expired or unused medications year-round.** Remove temptations from home. Find a year-round medication drop-off site: <https://tinyurl.com/2z5k3yb8>
- **Keep Narcan™ on hand.** Narcan (naloxone) is a safe, easy to use nasal spray. Narcan can save a life by reversing an opioid overdose or poisoning. If you are close to anyone using opioids or at risk for accidental poisoning, ask your pharmacist for Narcan or call 211 for free Narcan. Know the signs of fentanyl poisoning, which can kill a person in minutes.: **Always call 911 first.**



Upcoming events



Drug take-back event

Time: 10 a.m. -2 p.m.
Date: Saturday, April 22
Location:

- Maidu Community Center (near the batting cage/skate park.)
- Sun City Roseville

Securely save those unused and expired medication for our next free take-back day. **Sharps will not be accepted.**



Tacos with a cop

Time: 5:30 p.m. -7:30 p.m.
Date: Tuesday, May 2
Location: Garbolino Park
1015 Camelia Avenue

Come join us at this family event, and meet the officers that serve you and the community. It's also a chance to chat and learn about each other.



Bike Fest

Time: 9 a.m.—noon
Date: Saturday, June 3

Location: Vernon Street Town Square
Bring your bicycle and helmet to Roseville's free family bike safety event. Enjoy bike obstacle courses, riding demonstrations, helmet fittings, and a free bicycle safety check from local bike shops.

Kids receive prizes and a chance to win a bicycle.



Watch out for scam red flags

These scams are designed to be hard to spot: it looks like an email from your bank, logo and all. But logos are easily faked. The phone call has the right caller ID. But technology makes phone numbers easy to fake. Here are some ways to know what's real and what's fake:

Q: What did they ask you for?
Your bank has your account (and Social Security) number — they will not call or email you to get that information. Nobody legitimate will ever get in touch to demand access to your computer. No matter who they say they are, anyone who demands information or access like this is a scammer.

Q: Did they tell you to pay?
The government doesn't demand money by email, text, phone call, or message on social media. Honest businesses don't, either. If someone does, you know it's a scam.

Q: How did they tell you to pay?
Nobody legitimate — really: nobody — will ever demand that you pay with cryptocurrency, by wiring money through

a company like MoneyGram or Western Union, or by putting money on a gift card. Who will? Scammers.

Q: Did they threaten you?
Honest businesses won't say you'll be arrested, deported, or lose your license unless you pay. Neither will the government. If someone does, you know it's a scammer.

Both research and experience say that talking about scams is one of the best ways to avoid them. Ask yourself these questions when you get that out-of-the-blue message. Then tell someone about the scam you just spotted. And then tell the FTC: [ReportFraud.ftc.gov](https://www.ftc.gov/identity-theft).

If you are a victim of a scam artist, first file a report with your local police department, then tell the FTC about it.

How to prevent car break-ins



If you have read the [Roseville PD Crime Log](#), you probably have noticed that car break-ins are among the top crimes in our city. Here are some recent car burglaries in Roseville:

- Taylor Road
An unknown suspect smashed the victim's window and stole \$900 worth of property.
- Galleria Blvd.
An unidentified suspect broke the window of the victim's vehicle. The suspect took a loaded firearm and approximately \$1,000 in cash

- Sierra College Blvd.
The victim returned from the Ravine Trail Loop to find that her front passenger window was shattered and her purse had been stolen.
- There's no way to totally deter this type of smash and grab burglary. However, there are some common-sense steps you can take to make your car much less apt to be a target.
- **Don't leave valuables inside your car in plain view.** Smash-and-grab thieves are opportunists. If they see something lying out on your seat, dashboard, or floor they will break in to get it.
 - **Don't park in obscure places.** Park near other people where there are plenty of pedestrian and vehicle traffic. At night, park in well-lit areas. The last thing a thief wants is someone watching.
 - **Make your vehicle a harder target for thieves.**
 - Always lock the doors and roll up the windows when you park
 - Activate your security system, if you have one.
 - Use after-market mechanisms that lock the steering wheel.
 - **Hide personal items before you park.** While your trunk is better than the passenger compartment for shopping bags and other personal items, thieves may be watching the parking lot as you move items into your trunk. Always stash items in your trunk before you arrive at your destination.

Above all, thieves look for opportunities. If you follow these tips every time you park your vehicle, thieves may move on to an easier target.



Meet Roseville's newest officer



Hollie Ratliff
Officer Hollie Ratliff is a lateral hire, having served previously with the Arcata Police department for five years, both as a Dispatcher and Patrol Officer. She was raised in California's Central Valley and spent the last 15 years in Humboldt County. Officer Ratliff got into law enforcement to help others and to be a good role model for young women. With some college already under her belt, Hollie is planning to earn a Bachelor's Degree in Criminal Justice. While not on the job, she enjoys cycling, hiking, and spending time with her dogs.

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Community Events & Neighborhood Watch
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Please send comments or suggestions to: pdcommunityservices@roseville.ca.us or call (916) 774-5050.
The "9-1-1" is published for City of Roseville's residents by the Community Relations Division of the Roseville Police Department.

